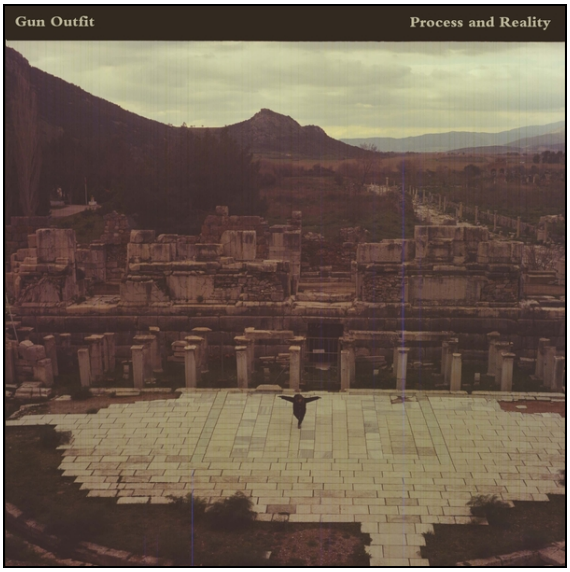


GUN OUTFIT
Process and Reality

Label
UPSET THE RHYTHM

Format
CD
Catalog Number
UTR 177CD
UPC
828887117723

Store Price
$9.99

Format
2LP
Catalog Number
UTR 177LP
UPC
828887117716

Store Price
$29.39

Release Date
05/22/26
Territory
NORTH AMERICAN EXCLUSIVE
Genre
FILE UNDER - G - ROCK

UPSET! THE RHYTHM

Exclusively Distributed by
FORCED EXPOSURE
60 Lowell St, Arlington, MA 02476
ph: (781) 321-0320 • fx: (781) 321-0321
fe@forcedexposure.com

DESCRIPTION

For two decades, **Gun Outfit** has been a band defined less by genre than by continuity, patience, and a commitment to making music that reflects their lived experience. Formed in Olympia, Washington in 2006 but long since rooted in Los Angeles, the group has evolved from a raw duo into a quietly formidable five-piece, their sound growing from scrappy post-punk beginnings into something spacious yet intimate, and always underpinned by an experimental edge. On *Process & Reality*, Gun Outfit return with their most ambitious and immersive work to-date, a sprawling 80-minute double album shaped by time, environment, and philosophy. Recorded over the course of a single month in the late summer of 2020, on an 80-acre ranch in Pine Flat, California, while a massive forest fire burned less than ten miles away, the seeds of these songs were stark and strange. Its title, *Process & Reality*, draws from the central work of philosopher **Alfred North Whitehead**, whose philosophy places intuition, experience, creativity, and relationality at the center of existence. The band's current lineup reflects both longevity and openness. **Sharp** and **Keith** remain the band's primary architects, joined by longtime drummer **Daniel Swire**, multi-instrumentalist **Henry Barnes**, and bassist **Kayla Cohen**. Additional collaborators include **Chris Cohen**, **Warren Lee**, and **Danny Sasaki** all of whom add further depth, leaving subtle fingerprints across the album. Musically, the album expands the band's palette without abandoning its core sensibility. Dulcimer, autoharp, sitar, melodica, keyboards, homemade electronics, and a wide range of acoustic and electric textures appear throughout. The sound is mellow yet expansive, songs move between fragility and hefty atmospheric passages. Influences surface obliquely rather than overtly. Elements of reggae and dub inform the production's spatial sensibility. Echoes of long-form European jam bands coexist with sharp post-punk. British folk traditions, American country, and classic West Coast songwriting drift in and out of focus; the band is never afraid to lead or follow.

TRACKLISTING

01. Unfelt Loss
02. So Easy to Love
03. Teardrops (Classic Hell on Earth)
04. Whiplash
05. Morning Doctor
06. Cherry Blossoms in Leschi
07. Southward Equinox
08. Velvet Rope
09. Backward Path
10. Don't Remind Me
11. Season of the Wish
12. The Last Resort
13. Two Rivers
14. A Little Game
15. Lilies of the Field
16. Lifelong Sellout
17. Out of My Mind
18. Golden Era
19. Sweet Routine

HIGHLIGHTS

- On *Process & Reality*, **Gun Outfit** return with their most ambitious and immersive work to-date, a sprawling 80-minute double album shaped by time, environment, and philosophy.
- Musically, the album expands the band's palette without abandoning its core sensibility. Dulcimer, autoharp, sitar, melodica, keyboards, homemade electronics, and a wide range of acoustic and electric textures appear throughout.
- Echoes of long-form European jam bands coexist with sharp post-punk. British folk traditions, American country, and classic West Coast songwriting drift in and out of focus; the band is never afraid to lead or follow.

Press Contact: publicity@forcedexposure.com